St Lawrence's C of E Primary School
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Friday 10th July 2026

Caring, Considerate, Courageous

As I have loved you, so you must love one another. (John 13:34-35)

A Message from Miss Hammond

This week, we have been delighted to welcome several Year 10 students from Archbishop Holgate's School and Vale of York Academy into school for their work experience placements. It has been wonderful to have them as part of our school community, supporting children in lessons and around school. It has been particularly special to welcome back some of our former pupils. Seeing how much they have grown in confidence and maturity makes us incredibly proud, and we hope they have enjoyed returning to St Lawrence's.

On Tuesday, Squirrels Class enjoyed a visit to Howsham Mill, where they took part in a range of hands-on activities exploring pulleys and levers. The children thoroughly enjoyed investigating how simple mechanisms work and were able to make excellent links to their classroom learning. We were also fortunate to have another day of lovely weather, making the visit even more enjoyable.

Our Year 6 children have continued their preparations for secondary school by taking part in a variety of transition activities led by the Wellbeing in Mind Team. The sessions gave the children the opportunity to discuss any worries they may have, build confidence and think positively about the exciting changes ahead. It has been lovely to see how supportive they are of one another as they prepare for this important next step.

Today is one of the biggest events in our school calendar – our Summer Fair! There has been a real buzz around school all week as everyone has looked forward to the afternoon. We are excited to welcome our families and the wider community into school and hope everyone enjoys the games, stalls, refreshments and time spent together. A huge thank you goes to everyone who has donated prizes, volunteered their time or helped to organise the event. We couldn't do it without your continued support.

It is hard to believe that next week is our final week of the academic year. Although there are lots of exciting events to look forward to, we will be maintaining our usual routines and ensuring that teaching and learning continue right up until the end of term. The children have worked incredibly hard throughout the year, and we want to make the most of every learning opportunity as we finish another successful year together.

Miss Hammond

Year 5 Trip to Howsham Mill

End of Year Service

On **Monday 13th July at 9.15am** the children in Reception to Year 6 will have the **End of Year / Leavers Service at St Lawrence Church.**

We hope families will join us at the church to help us celebrate.

Many thanks for your support.

Diary Dates

13th July	End of Year/Leavers Service at St Lawrence's Church - 9.15am
14th July	Year 6 Leavers Trip
17th July	Year 6 Leavers Afternoon with Parents - 1.30pm
17th July	Break Up for Summer
7th September	Training Day - School Closed for the children
8th September	Back to School

Attendance from this Week

Owls - 91.5%

Badgers - 90.1%

Hedgehogs - 92.8%

Squirrels - 80.9%

Foxes - 98.1%

Whole School - 90.9%

ParentPay

As the end of the school year approaches, this is a polite reminder regarding outstanding balances on ParentPay.

To ensure all accounts are cleared, please settle any outstanding fees for **Dinner Money, After School Club and Nursery Fees** before the start of the Summer Holidays.

We kindly request that **all debts** are cleared before we break up.

Many Thanks

School Meal Update – from September

A reminder that from September, school lunches will need to be ordered in advance on our new system, 'Swift Kitchen'.

Information about how to set up your account has been sent out.
Please set your account up as soon as possible before we break up so you can order your child/ren's meals before we come back to school.

Meals can be ordered online or on the app in advance for the week, a month or a term.

The cut off for ordering meals for any day is 8.30am.

Menus are available on our website and will continue to the on the weekly newsletter.

Please don't hesitate to come to the office should you need any help setting up your account.

Lunch Menu

Hot Pasta with Tomato Sauce and Cheese and Jacket Potato option with Cheese, Beans or Tuna Mayo available every day!

Please find our full menu on our school website: http://www.stlawrencesschool.org/prents/school-meals-menu

Week Commencing: Monday 13th July

Monday	Tomato, Spanish and Salmon Pasta, Margherita Pizza and Wedges, Watermelon
Tuesday	Pork and Beef Sausages, or Vegan Sausage with Mashed Potato, Carrot Cake with Orange Glaze
Wednesday	Roast Turkey, or Quorn Fillet with Yorkshire Pudding, Raspberry Jelly and Mandarins
Thursday	Creamy Coconut Chicken and Chickpea Curry, Penne Tomato Pasta, Apple Crumble
Friday	Oven Baked Fish Fingers or Vegetable Sausage with Chips, Chocolate Shortbread

Week Commencing: Monday 7th September

Monday	**Training Day - School Closed**
Tuesday	Beef Bolognese Pasta or Veggie Pasta Bolognese with Garlic Bread, Orange Jelly
Wednesday	Roast Gammon with Roasties, Cauliflower and Broccoli Cheese Bake, Chocolate & Pear Cake
Thursday	Chicken and Leek Pie or Bean and Leek Pie with Mash, Lemon Drizzle Cake
Friday	Golden Fish Fingers or Vegetable Fingers with Chips, Vanilla Cookie

THE READING AGENCY

UNIVERSAL
UNIVERSAL MUSIC GROUP UNITED KINGDOM

READ to the BEAT

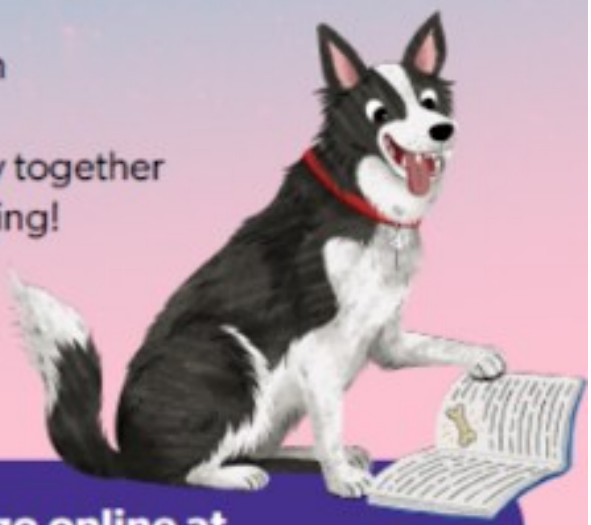
Help Your Child Discover the Joy of Reading This Summer!

This summer, give your child the chance to fall in love with reading! The Summer Reading Challenge, created by The Reading Agency and delivered in partnership with public libraries, is a FREE, fun-packed way to keep kids reading and learning all summer long.

This year's theme, **Read to the Beat**, and is powered by Universal Music Group UK. The Challenge will celebrate the joy of music and the power it has to move, inspire, and connect us – all through the magic of reading. The Challenge is being brought to life with illustrations by award-winning author and illustrator, Harry Woodgate.

Why join?

- It's FREE! Available at local libraries and online
- Inspires a lifelong love of reading
- Boosts confidence, creativity, and imagination
- Earn rewards, certificates, and prizes
- Fun for the whole family. Visit your local library together
- 95% of children said they read more after joining!
- Children choose their own books to read, collect rewards over the summer and receive a certificate or medal when they complete the challenge.



Visit your local library or go online at

summerreadingchallenge.org.uk

Children can sign up from 11 July 2026.

Help your child start their reading adventure today!

WELLBEING IN MIND TEAM

Summer Wellbeing

The summer holidays are often a really exciting time for you and your young people, but for some, they can feel a little bit overwhelming, which can impact how we feel. If you notice that this is happening for you or your child, reach out to people you trust for support with your/ their emotions.

Evidence suggests that there are five small things you can do to improve your mental health and wellbeing. These are called the "5 Ways to Wellbeing". Trying these things could help you feel more positive. They are as follows:

WELLBEING IN MIND TEAM

Summer Bingo

We have created a summer bingo sheet full of fun ideas based on the 5 Ways to Wellbeing, for you to enjoy and complete with your family or friends over the summer holidays.

Send a postcard or letter	Go on a walk	Listen to the sounds of nature	Read a book	Make a home made gift for someone
Call a family member	Visit a park	Cloud watching	Research a topic that interests you	Tell someone a joke to make them smile
Play a board game	Make a summer playlist to dance to	Take a quiet moment to notice your breathing	Play some word games	Give someone a compliment
Talk with friends	Create your own obstacle course	What birds can you spot	Ask a relative about their interests	Help with jobs around your home
Ask someone about their day	Make a list of your summer goals	Watch the Rain	Mindfulness colouring	Tidy your room

Or how about creating your own summer bingo activities.

WELLBEING IN MIND TEAM

Parent Bucket List

Don't forget to take care of yourself over the summer holidays. This time of year, can be busy especially if you're juggling work while caring for children. It's important to give yourself permission to pause, even for a short while, and make space for rest and recovery. Taking time to recharge isn't a luxury; it's essential for your wellbeing. Small moments of self-care, whether that's a quiet cup of tea, a walk outside, or simply a few minutes to breathe, can make a big difference.

- ◯ Plan a lunch date with a friend
- ◯ Give yourself a day of doing nothing
- ◯ Make time for a self-care / pamper evening
- ◯ Wake up early and watch the sun rise
- ◯ Spend one evening each week doing something for you
- ◯ One day without social media
- ◯ Have a kitchen disco
- ◯ Read a new book
- ◯ Get oustide and be active

WELLBEING IN MIND TEAM

Signposting

The Go-To
For healthy minds in North Yorkshire

The Go-To is here to help you find the right support in North Yorkshire to help you stay well, whatever is going on in your life. https://thegoto.org.uk/

CITY OF YORK COUNCIL

Children and families signposting page which offers the link to a whole range of services. https://www.york.gov.uk/ChildrenAndFamilies

Better Health every mind matters

Here, you can find what works for you. We'll show you simple and practical ways to ease anxiety, manage stress, lift your mood and sleep better. https://www.nhs.uk/every-mind-matters/

In a mental health crisis, call NHS 111 and select the mental health option (2)

Available 24/7, you will speak to a mental health professional who can listen to you and help you find the right support.

@wellbeinginmind.mhst